

Casselman House October 2024 Program Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p style="text-align: center;">Director of Resident Services: Marissa Wheeler 617-467-6069 mwheeler@ncdfinc.org</p>	<p>1 11 AM: Simple Seated Exercise with Mindy</p>	<p>2 3 PM: ESL Happy Hour with Mindy</p> <p><i>Rosh Hashanah begins at sundown</i></p>	<p>3</p>	<p>4 10 AM: Breakfast Club 1 PM: Barn Babies Traveling Petting Zoo at Weeks House 3 PM: Zumba GOLD with Nerilys</p>	<p>5</p>
6	<p>7 12:45 PM: Virtual Music & Movement with Steve 3 PM: House Meeting 6 PM: Virtual Evening Meditation with David</p>	<p>8 11 AM: Simple Seated Exercise with Mindy</p>	<p>9 3 PM: ESL Happy Hour with Mindy</p>	<p>10</p>	<p>11 No Breakfast Club 3 PM: Zumba GOLD with Nerilys</p> <p><i>Yom Kippur begins at sundown</i></p>	<p>12</p>
13	<p>14 Indigenous Peoples' Day NCDF Offices Closed 12:45 PM: Music & Movement with Steve 6 PM: Virtual Evening Meditation with David</p>	<p>15 11 AM: Simple Seated Exercise with Mindy</p>	<p>16 3 PM: ESL Happy Hour with Mindy 3 PM: Listening Session with the City of Newton Planning Department at Weeks House</p>	<p>17 3 PM: Presentation by Historic Newton at Weeks House: The History of our City</p>	<p>18 12 PM: Special LUNCH Club: National Pierogi Day! 3 PM: Zumba GOLD with Nerilys</p>	<p>19</p>
20	<p>21 12:45 PM: Virtual Music & Movement with Steve 3 PM: DIY Afternoon: Make Your Own Autumn Mug 6 PM: Virtual Evening Meditation with David</p>	<p>22 11 AM: Simple Seated Exercise with Mindy 3PM: October Birthday Party</p>	<p>23 3 PM: ESL Happy Hour with Mindy</p>	<p>24</p>	<p>25 No Breakfast Club 3 PM: Zumba GOLD with Nerilys</p>	<p>26</p>
27	<p>28 12:45 PM: Music & Movement with Steve 6 PM: Virtual Evening Meditation with David</p>	<p>29 11 AM: Simple Seated Exercise with Mindy 3PM: Halloween Pizza Party</p>	<p>30 3 PM: ESL Happy Hour with Mindy</p>	<p>31</p>	<p style="text-align: center;">Resident Services Coordinator Yessica Fuller 617-659-6009 yfuller@ncdfinc.org</p>	<p style="text-align: center;">Virtual Programs: Meeting ID is 708 669 7678 and password is 1234</p>