

Casselman House December 2024 Program Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	<p>2</p> <p>12:45 PM: Virtual Music & Movement with Steve</p> <p>3 PM: House Meeting</p> <p>6 PM: Virtual Evening Meditation with David</p>	<p>3</p> <p>11 AM: Simple Seated Exercise with Mindy</p>	<p>4</p> <p>3 PM: ESL Happy Hour with Mindy</p>	5	<p>6</p> <p>10 AM: Breakfast Club</p> <p>3:30 PM: Zumba GOLD with Nerilys</p>	7
8	<p>9</p> <p>12:45 PM: Virtual Music & Movement with Steve</p> <p>3PM: Holiday Performance with the New England Conservatory at Weeks House</p> <p>6 PM: Virtual Evening Meditation with David</p>	<p>10</p> <p>11 AM: Simple Seated Exercise with Mindy</p> <p>3-4:30 PM: Annual Holiday Celebration! Must RSVP</p>	<p>11</p> <p>3 PM: ESL Happy Hour with Mindy</p>	12	<p>13</p> <p>3:30 PM: Zumba GOLD with Nerilys</p>	14
15	<p>16</p> <p>12:45 PM: Music & Movement with Steve</p> <p>6 PM: Virtual Evening Meditation with David</p>	<p>17</p> <p>11 AM: Simple Seated Exercise with Mindy</p> <p>3PM: Newton Parks & Recreation Collaboration at Weeks House: Rummikub with Alex!</p>	<p>18</p> <p>3 PM: ESL Happy Hour with Mindy</p>	19	<p>20</p> <p>10 AM: Breakfast Club</p> <p>3:30 PM: Zumba GOLD with Nerilys</p>	21
22	<p>23</p> <p>12:45 PM: Virtual Music & Movement with Steve</p> <p>2:30PM: DIY Afternoon: Cookie in a Jar!</p> <p>6 PM: Virtual Evening Meditation with David</p>	<p>24</p> <p>Christmas Eve</p> <p>11 AM: Simple Seated Exercise with Mindy</p>	<p>25</p> <p>Christmas Day</p> <p>NCDF Offices Closed</p> <p>Hanukkah begins at sundown</p>	26	<p>27</p> <p>3:30 PM: Zumba GOLD with Nerilys</p>	28
29	<p>30</p> <p>No Music & Movement</p> <p>1 PM: New Years' Celebration!</p> <p>6 PM: Virtual Evening Meditation with David</p>	<p>31</p> <p>11 AM: Simple Seated Exercise with Mindy</p>	<p>Virtual Program</p> <p>Meeting ID:</p> <p>708 669 7678 Password:</p> <p>1234</p>	<p>Director of Resident Services:</p> <p>Marissa Wheeler</p> <p>617-467-6069</p> <p>mwheeler@ncdfinc.org</p>	<p>Resident Services Coordinator</p> <p>Yessica Fuller</p> <p>617-659-6009</p> <p>yfuller@ncdfinc.org</p>	