

Casselman House - November 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 12:45 PM - Music & Movement 6 PM - Virtual Meditation	4 Election Day 11 AM - Simple Seated Exercise	5 3PM - ESL Happy Hour	6	7 FIRE DRILL TO BE HELD AT CASSELMAN HOUSE
10 12:45 PM - Music & Movement 6 PM - Virtual Meditation	11 Veterans Day No Simple Seated Exercise	12 10:30 AM - Donuts & BINGO with India No ESL Happy Hour	13 2:00 PM: Casselman House Thanksgiving Celebration! Sign up required	14
17 6 PM - Virtual Meditation	18 11 AM - Simple Seated Exercise 1:30 PM: DIY with Yessica: Autumn Wreaths Continued!	19 3PM - ESL Happy Hour	20	21 11:00AM: Friday Morning Movie: Willy Wonka!
24 6 PM - Virtual Meditation	25 11 AM - Simple Seated Exercise 2 PM: Birthday Party!	26 10:30 AM - Blood Pressure Clinic 3PM - ESL Happy Hour	27 Thanksgiving Day NCDF Offices Closed	28