

CASSELMAN HOUSE - FEBRUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>11:30 AM - Music & Movement with Steve <i>SPECIAL TIME!</i></p>	<p>3</p> <p>11 AM - Simple Seated Exercise</p>	<p>4</p> <p>12:30 PM - The Age Stage: Newton at Home with Alex 2 PM - In the Chef's Hands 3:30 PM - English Together</p>	<p>5</p> <p>11 AM - Anagrams 1 PM - Creative Connections 4 PM - BINGO</p>	<p>6</p> <p>2 PM - CPR with Newton Public Health at Weeks House</p>
<p>9</p> <p>12:45 PM - Music & Movement with Steve 3 PM - Karaoke at Weeks House 6 PM - Virtual Meditation</p>	<p>10</p> <p>11 AM - Simple Seated Exercise</p>	<p>11</p> <p>2 PM - Wheel of Fortune 3:30 PM - English Together</p>	<p>12</p> <p>11 AM - Anagrams 1 PM - BINGO 4 PM - Valentine's Day Celebration</p>	<p>13</p>
<p>16</p> <p><i>Presidents' Day NCDF Offices Closed</i></p> <p>6 PM - Virtual Meditation</p>	<p>17</p> <p>11 AM - Simple Seated Exercise</p>	<p>18</p> <p>2:30 PM - Mardi Gras Celebration</p>	<p>19</p> <p>11 AM - Anagrams 1 PM - Blackjack 21 2:30PM - Creative Connections 4 PM - BINGO</p>	<p>20</p>
<p>23</p> <p>3 PM - The Age Stage: West Newton Hearing Center 6 PM - Virtual Meditation</p>	<p>24</p> <p>11 AM - Simple Seated Exercise</p>	<p>25</p> <p>12:30PM - The Age Stage: The Carroll Center 2 PM - Anagrams 3:30 PM - English Together</p>	<p>26</p> <p>11:30 AM - Monthly Blood Pressure Clinic 12:30 PM - Short Story Discussion 2:30PM-Creative Connections</p>	<p>27</p>